

Commonwealth of Northern Marianas Islands Department of Public Health Emergency Operations Plan for Pandemic Influenza

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I. INTRODUCTION

A. Purpose of the CNMI Pandemic Influenza Emergency Operations Plan

This Pandemic Influenza Emergency Operations Plan (Pan Flu EOP) is designed to provide an overview of the activities and responses that will be required from the Commonwealth of Northern Marianas Islands Department of Health to prepare for, mitigate and respond to an influenza pandemic. It should be read in conjunction with the Department of Public Health (DPH) Emergency Operations Plan (EOP) and the Commonwealth Health Center (CHC) EOP.

B. Influenza background information

Influenza is an illness caused by viruses that infect the respiratory tract in humans. Signs and symptoms of influenza infection include rapid onset of high fever, chills, sore throat, runny nose, severe headache, nonproductive cough, and intense body aches followed by extreme fatigue. Influenza is a highly contagious illness and can be spread easily from one person to another. It is spread through contact with droplets from the nose and throat of an infected person during coughing and sneezing. The period between exposure to the virus and the onset of illness is usually one to five days. Influenza is not an endemic disease.

C. WHO Phases of Influenza Pandemic

Due to the prolonged nature of a pandemic influenza event, the World Health Organization (WHO) has defined phases of the pandemic in order to facilitate coordinated plans. This document will utilize the most recent 2005 WHO guidelines. See Annex 1 for a comparison of the new 2005 guidelines to the previous 1999 version.

Table One: 2005 WHO Guidelines for Phases of Influenza Pandemic

Inter-pandemic period

Phase 1: No new influenza virus subtypes have been detected in humans. An influenza virus subtype that has caused human infection may be present in animals. If present in animals, risk of human infection or disease is considered to be low.

Phase 2: No new influenza virus subtypes have been detected in humans. However, a circulating animal influenza virus subtype poses a substantial risk of human disease.

Pandemic alert period

Phase 3: Human infection(s) with a new subtype, but no human-to-human spread, or at most rare instances of spread to a close contact.

Phase 4: Small cluster(s) with limited human-to-human transmission but spread is highly localized; suggesting that delay the virus is not well adapted to humans.

Phase 5: Larger cluster(s) but human-to-human spread still localized, suggesting that the virus is becoming increasingly better adapted to humans, but may not yet be fully transmissible (substantial pandemic risk).

Pandemic period

Phase 6: Pandemic: increased and sustained transmission in general population.

Post-pandemic period

Return to inter-pandemic period.

D. Planning Assumptions for Influenza Pandemics

The following assumptions were considered in developing this Pan Flu EOP:

- Influenza is a highly contagious illness that is easily spread by direct personal contact, respiratory secretion droplets that may travel within 3-6 feet of the affected patient and by smaller, microscopic airborne particles that extend well beyond this distance.
- Influenza viruses mutate frequently. These mutations result in changes of two surface proteins on the virus: Hemagluttin (H) and Neuroamindase (N).
- When animal, (mostly swine or aquatic fowl), and human influenza serotypes are mixed during a
 concomittent infection, the resultant viral mutations may result the development of new influenza
 serotypes. When new serotypes occur, immunologically naïve populations have no immunity to
 the resultant new or "novel" strain of influenza virus.
- Due to the highly contagious nature of influenza and its propensity for mutation, worldwide pandemics have been known to occur on a regular basis.
- An influenza pandemic is inevitable.
- Pandemic influenza is a unique public health emergency. No one knows when the next influenza pandemic will occur. However, when it does occur, it will be with little warning.
- Experts believe that we will have between one to six months between the identification of a novel
 influenza virus and the time that widespread outbreaks begin to occur in the mainland United
 States. This time may be shorter in the Pacific where direct flights from Asia occur on a daily
 basis.
- Effective preventive and therapeutic measures, including vaccines and antiviral agents, will likely be in short supply during an influenza pandemic, as will some antibiotics to treat secondary bacterial infections.
- Healthcare workers and other first responders will likely be at higher risk of exposure to influenza than the general population, further impeding the care of patients.
- Widespread illness in the community may also increase the likelihood of sudden and potentially significant shortages of personnel who provide other essential community services.
- To some extent, everyone will be affected by the influenza pandemic.
- Medical services and healthcare workers will be overwhelmed during the influenza pandemic
- Healthcare workers may not be able to provide essential care to all patients in need
- Unlike the typical disaster, because of increased exposure to the virus essential community services personnel such as healthcare personnel, police, firefighters, emergency medical technologists, and other first responders, will be more likely to be affected by influenza than the general public.
- Also unlike typical natural disasters, during which critical components of the physical
 infrastructure may be threatened or destroyed, an influenza pandemic may also pose significant
 threats to the human infrastructure responsible for critical community services due to widespread
 absenteeism in the workforce. This will impact distribution of food, home meal deliveries, day
 care, garbage collection and other critical services
- The first wave of the pandemic may last from 1-3 months, while the entire pandemic may last for 2-3 years.
- It will take six to eight months after the novel virus is identified and begins to spread among humans before a specific vaccine would likely be available for distribution.
- Approximately 20% of the needed supply of vaccine will be produced each month. The first
 month's supply will be purchased by the federal government and distributed to state and local
 health departments to vaccinate prioriti2ed individuals providing critical public services.

- If federal resources are not available to purchase the remaining 80% of needed vaccine, the DHFS will seek the necessary funds to purchase the vaccine for CNMI residents.
- Regardless of the availability of a vaccine that protects against the influenza pandemic strain,
 Pneumococcal vaccine will reduce the risk of complications that can result from influenza
 infection. However, there are many complications of influenza that Pneumococcal vaccine will not
 prevent.
- Two doses of influenza vaccine, administered four weeks apart will be needed to develop full immunity to the novel influenza virus.
- Liability protection for vaccine manufacturers and persons who administer influenza vaccine will likely be made available through congressional legislation.
- Two antiviral agents are currently recommended for prophylaxis or treatment of influenza A.
 - * Oseltamivir and zanamivir are neuraminidase inhibitors and are recommended for both prophylaxis and therapy, but have far less availability.
- Although antiviral agents are available that can theoretically be used for both treatment and prophylaxis during the next pandemic, these agents will likely be available only for limited distribution.
- Antivirals are expected to play a limited role in the prevention and treatment of pandemic influenza.
- The supply of antivirals will be well below the anticipated demand during an influenza pandemic.
- Adverse effects are not uncommon with the influenza antivirals, ranging from mild gastrointestinal discomfort to significant neurologic signs and symptoms.
- Assuring adequate that communication systems are in place will be a joint responsibility of both the US federal government and the jurisdiction Department of Public Health (DPH).
- The public will likely encounter some unreliable and possibly false information in the media and on the Internet.
- Mechanisms for communication with the public will vary depending on the phase of the pandemic and its impact on communities

E. Primary Responsibility of the U.S. Federal Government

- Vaccine research and development.
- Coordinating national and international surveillance.
- Assessing and potentially enhancing vaccine and antiviral capacity and coordinating publicsector procurement.
- Devising a suitable liability program for vaccine manufacturers and persons administering the vaccine.
- Developing a national "clearinghouse" for vaccine availability information, vaccine distribution and redistribution.
- Developing a national vaccine adverse events report system.
- Developing a national information database/exchange/clearinghouse on the Internet.
- Developing "generic" guidelines and "information templates" that can be modified
- Pursuing mechanisms by which influenza vaccine can be made more rapidly available and in larger quantities prior to and during the next pandemic.
- Issuing travel alerts and advisories to areas where the novel strains of influenza is in wide circulation.

F. Primary Responsibility of Commonwealth, State and Territorial Governments

- Identification of public and private sector partners needed for effective planning and response.
- Development of key components of pandemic influenza preparedness plan: to include surveillance, distribution of vaccine and antivirals, and communications.
- Integration of pandemic influenza planning with other planning activities conducted under CDC and HRSA's bioterrorism preparedness cooperative agreements.
- Coordination with local areas to ensure development of local plans as called for by the state/territorial/commonwealth plan and provide resources, such as templates to assist in planning process.
- Development of data management systems needed to implement components of the plan.
- Assistance to local areas in exercising plans.
- Coordination with adjoining jurisdictions.

G. Organization of this CNMI Pan Flu EOP document

The CNMI Pan Flu EOP document was developed using the U.S. HHS *Planning Guide for State and Local Officials* (Draft 2.1); the WHO *Global Influenza Plan;* and the Pacific Public Health Surveillance Network *Influenza Guidelines* in addition to other references. (See EOP part V – References)

The document is divided into six chapters according to the six 2005 WHO pandemic phases. (See Table One)

Each chapter consists of a matrix table containing the following six sections as key components of a pandemic influenza plan (see Annex 2 - CDC State and Local Health Department Guidance)

Activity	National Incident Management System (NIMS) Category
Planning & Coordination	Intelligence /Planning
Surveillance	Intelligence / Planning
Prevention and Containment	Operations
Healthcare and Emergency Response	Operations
Communication	Logistics and Public Information Officer (PIO)

Responsibilities for each section are labeled within the matrix table to indicate where the activities within that section would fall under the local Incident Command System of the National Incident Management System.

H. Review of the CNMI Pan Flu EOP

This plan will be reviewed annually by the CNMI Pandemic Flu Committee (PFC). (See Appendix A for committee roster).

In addition, at the end of any escalation of events to Phase 5 or higher, a debriefing will be carried out through the Incident Command Structure and the PFC to assess the effectiveness of operations during the event and to determine the extent of impact on the community. This information should then be used to update and review the plan.

II. PUBLIC HEALTH ACTIONS ACCORDING TO PANDEMIC PHASE

The following section outlines actions to be taken and responsibility for ensuring these are carried out based on the current pandemic phase. All actions should be continued as the situation is scaled up unless they are made obsolete by actions outlined in these higher phases.

Phase 1: No new influenza virus subtypes have been detected in humans			
		Action	Responsible Agency
	1.	Establish responsibility for national pandemic	EMO
		planning and develop national response plan.	SOPH
	2.	Assess preparedness against the CDC/WHO checklist	PH BT Dir
		and create a task list to address any identified gaps.	PFC
on	3.	Conduct trial exercise to test the plan and use the	PH BT Dir
lati	4	results to improve and refine preparedness.	PFC PH BT Dir
di.	4.	Identify and train key personnel to be mobilized in case of a pandemic.	PH B1 DIF PFC
00r	5	Review options for preparedness including	PH BT Dir
2	٥.	development of a domestic stockpile (antivirals, PPE,	PFC
and		vaccines, laboratory diagnostics, other technical	
ဋ		support) for rapid deployment when needed.	
Planning and Coordination	6.	Develop surge capacity contingency plans for the	PH BT Dir
lar		internal management of domestic resources and	PFC
Ь		essential workers during a pandemic (as part of PH	
		EOP and CHC EOP plans).	
	7.	Review networks with agencies to address food safety,	PH BT Dir
		safe agricultural practices and other public health	PFC
	1	issues related to infected animals.	EMO
	1.	Implement CNMI-wide Reportable Disease Surveillance System (RDSS) for ILI.	PH Epidemiologist PH MD
nt	2	Liaise with DLNR to establish network for notification	PH Epidemiologist
me	4.	of clusters of animal (bird, pig) deaths.	BEH
ess	3.	Develop and test procedure for sending appropriate	PH Epidemiologist
Ass	٥.	clinical samples for laboratory testing overseas with	Lab Director
pu 7		CDC, PPHSN referral laboratory, WHO reference	200 20000
aı		laboratory (Melbourne, Australia), or other labs who	
ing		can perform high-level sample testing.	
itor	4.	Report unusual ILI surveillance findings to CDC,	PH Epidemiologist
		PPHSN, and WHO-WPRO.	PH MD
anc	5.	Use RDSS to assess the burden of seasonal influenza to	PH Epidemiologist
Situation Monitoring and Assessment (Surveillance)		help estimate additional needs during a pandemic.	PH MD
uat	6.	Prepare strategies to stop the spread of infection	PH Epidemiologist PH MD
Sit (Su		(travel advisories, assessment of those returning from	PH MD PH BT Dir
	1	high-risk areas, assessment of boats). Ensure that proposed interventions are discussed with	PH BT Dir
	1.	the office of the Governor, DLNR, CPA, DPS and the	PH MD
olic (s		municipal governments.	THE
Prevention and Containment (Public Health Measures)	2.	Review legal authority to implement proposed	SOPH
on a of (1) asu		interventions (i.e. quarantine and isolation).	DPH Attorney
ntio Ne	3.	Set priorities and criteria for targeted deployment for	PH BT Dir
ver inn th]		antivirals and pandemic vaccines.	PH MD
Pre ntai eal			PFC
H Co	4.	Review the need for a CNMI policy on use of seasonal	PH MD
		influenza vaccine.	Imm Coordinator
	5.	Explore strategies to allow access to non-FDA	PH MD

Phase 1: No new influenza virus subtypes have been detected in humans		
	Action	Responsible Agency
	approved vaccines through agreements with agencies such as CDC or WHO.	Imm Coordinator
	6. Review logistic and operational needs for	Imm Coordinator
	implementation of pandemic vaccine strategy (vaccine storage, distribution capacity, cold-chain availability,	
	vaccination centers, staffing requirements for vaccine	
	administration).	
	1. Benchmark health system preparedness with the help	PH BT Dir
×	of CDC Guidance and the WHO checklist for influenza	PFC
oue	pandemic preparedness planning and address gaps.	DVV DOT DA
erg(2. Ensure influenza pandemic response plan is	PH BT Dir PFC
e e	incorporated into the CHC EOP. 3. Ensure infection control guidelines are current and	PH MD
Health Care and Emergency Response	implemented.	CHC Infection Control
an	4. Ensure implementation of routine laboratory	Lab Director
are Re	biosafety, safe specimen handling, and hospital	
h C	infection control policies.	
alt	5. Estimate pharmaceutical and other material supply	PH BT Dir
Не	needs; commence arrangements to secure supply.	CHC Chief Pharmacist
	6. Increase awareness and strengthen training of health-	PH MD
	care workers on pandemic influenza. 1. Establish networks between DPH and key response	PH PIO
us	stakeholders, including private health clinics,	PH MD
Communications	Governor's Office, DPS, DLNR, and DPH staff.	
	2. Familiarize news media with the national response	PH PIO
nn	plan and preparedness activities.	PH MD
um	3. Establish formal communications channels with CDC,	SOPH
ပိ	WHO and SPC.	PH MD
		PH PIO

Phase 2: No Human Cases, Circulating Animal Influenza Virus Subtype		
	Action	Responsible Agency
	1. Advocate the importance of pandemic planning to	PH BT Dir
	SOPH and Directors	PFC
	2. Advise CNMI Legislature of potential need for	PH BT Dir
	resources and funding to implement prevention and containment activities.	
	If animal cases are occurring in CNMI or in countries with	
	extensive travel/trade links with CNMI:	
п	3. For isolated animal cases issue standby for activation	PH BT Dir
atio	of PH EOP, if animal outbreak is occurring	SOPH
ding	immediately activate PH EOP.	PH Epidemiologist
)0r	4. Activate mechanisms for joint management of situation with DLNR according to MOU (BEH, DPH	PH BT Dir BEH
Planning and Coordination	to implement).	BEII
anc	5. Assess preparedness status and identify immediate	PH BT Dir
ng	actions needed to fill gaps.	
nni	6. Consider need to request CDC to provide onsite expert	PH BT Dir
Pla	assistance. 7. Ensure ability to rapidly deploy stockpile resources	PH MD PH BT Dir
	(or internationally supplied resources) to dispensaries	SNS Coordinator
	and outlying areas.	
	8. Decide whether to deploy part of the stockpile	PH BT Dir
	components according to risk assessment.	PH MD SOPH
	9. Establish a policy on compensation for loss of animals through culling, in order to improve compliance with	DPH Attorney
	emergency measures.	DI II Attorney
	If animal cases are occurring in CNMI or in countries with	
	extensive travel/trade links with CNMI:	Proc.
	1. Implement active surveillance by following up all cases of H I reported via PDSS	PFC
e)	of ILI reported via RDSS. 2. Actively implement animal surveillance and establish	DLNR
anc	a hotline for reporting animal deaths.	EMO
Monitoring and nt (Surveillance)	3. Regularly report surveillance results to SPC, WHO -	PH Epidemiologist
urv	WPRO.	
Aon t (S	4. Urgently transport representative samples from infected animals to CDC and /or WHO reference	PH Epidemiologist Lab Director
	laboratory.	Lab Director
Situation Assessme	5. Conduct field investigations in affected area(s) to	PFC
Situ	assess spread of the disease in animals and threat to	
	human health.	CODII
	1. Check to ensure legislation/policy on quarantine is in place.	SOPH DPH Attorney
ent s)	2. Determine (based on current situation) if importation	PFC
nm	of food products from affected areas should be	BEH
ntai easu	restricted.	
Col	If animal cases are occurring in CNMI:	DI ND
nd alth	3. Implement a disposal plan for culled/dead livestock including education on disposal procedures and	DLNR BEH
n a He	infection control measures.	PH Epidemiologist
Prevention and Containment (Public Health Measures)	4. Recommend measures to reduce human contact with	PFC
evel	potentially infected animals.	PRO
Pro ()	5. Prepare for use of further interventions if human infection detected.	PFC
	6. Update information on available supplies of antivirals.	CHC Chief Pharmacist
o. Opuate information on available supplies of antivirals. Cric Chief Pharmacist		

Phas	Phase 2: No Human Cases, Circulating Animal Influenza Virus Subtype		
	Action	Responsible Agency	
		PH MD	
	7. Update recommendations for prophylaxis and treatment with antiviral; consider implementation after formal risk assessment.	PH MD	
	8. Ensure delivery/distribution systems are geared up for response to possible human cases (including ensuring dispensary staff are familiar with protocols).	PFC	
	9. Develop contingency plans for procuring seasonal vaccine (or specific vaccine if available) and for distribution once available.	Imm Coordinator	
	1. Review CHC EOP for presentation of patients requiring isolation and clinical care.	PH MD CHC Infection Control	
onse	2. Train all DPH staff in the use of Emergency Operations Plans.	PH BT Dir CHC BT Dir	
Respo	3. Ensure procedures in place to detect and respond to nosocomial transmission of influenza.	PH MD CHC Infection Control	
Health Care and Emergency Response	 If animal cases are occurring in CNMI or in countries with extensive travel/trade links with CNMI: 4. Alert local health-care providers to consider influenza infection in ill patients with travel or epidemiological link to an affected country, and to recognize the need for immediate reporting to hospital epidemiologist. 	PH MD	
Health Care	5. Verify availability and distribution procedures for personal protective equipment and antivirals and for vaccine for the protection of persons at occupational risk (such as nurses in isolation wards); consider measures to implement.	PH BT Dir PFC CHC Infection Control	
	6. Ensure rapid deployment of diagnostic tests when available.	PH Epidemiologist Lab Director	
	1. Plan process to inform the media of the novel virus alert when it is confirmed in CNMI	SOPH PH MD PH PIO	
	If animal cases are occurring in CNMI or in countries with extensive travel/trade links with CNMI: 2. Update CNMI Legislature, Governor, L. Governor,	SOPH	
nications	Senate President, House Speaker, and Mayors, at-risk groups and the public, with current information on virus spread and risks to humans.	PH PIO PFC	
Communication	3. Establish dedicated communications channels to answer questions from health-care providers and the public.	SOPH PH MD PH PIO	
	4. Communicate information on risk and prevention (risk of infection; safe food; animal handling) using fact sheets/ brochures.	PH PIO BEH	
	5. Address possible stigmatization of individuals/ populations in contact with the animal strain.	SOPH PH PIO CGC	

	Phase 3: Human Cases, but No Human-to-H	uman Transmission
	Action	Responsible Agency
	If CNMI is not yet affected:	1 2 3
_	1. Assess and improve preparedness status.	PFC
tior	2. Educate DPH staff, Directors, Governor, L.	PFC
ina	Governor, Senate President, House Speaker, and Mayors regarding the Influenza Plan.	PH PIO
ord	If cases are occurring in CNMI:	
ည	3. Activate Hospital and Public Health Emergency	SOPH
and	Operations Plan (EOP). 4. Implement interventions to reduce disease burden and	PH EOP IC
ing	contain or delay the spread of infection	CHC EOP IC
Planning and Coordination	5. Brief CNMI Legislature, Directors, Governor, L.	SOPH
PI	Governor, Senate President, House Speaker, and	
	Mayors regarding the status, the need for additional	
	resources, and the use of emergency powers. If CNMI is not yet affected:	
	1. Review case definition based on CDC/WHO guidance.	PFC
#	If cases are occurring in CNMI:	
nen	2. Confirm and report cases promptly to CDC,	PH EOP Intelligence PH MD
essı	PACNET, and WHO-WPRO. 3. Exclude laboratory accident or intentional release as	PH EOP Intelligence
Ass	the cause of the human cases.	PH MD
pu	4. Investigate to determine the epidemiology of human	PH EOP Intelligence
lg a	cases (source of exposure; incubation period; infection	CHC Infection Control
orii	of contacts (clinical and sub-clinical); period of communicability).	
Situation Monitoring and Assessment (Surveillance)	5. Ensure rapid dispatch of clinical samples to CDC	Lab Director
Me	referral laboratory.	PH EOP Intelligence
tion	6. Enhance human and animal surveillance, daily contact with dispensary locations.	PH EOP Intelligence DLNR
Situation Mor (Surveillance)	7. Assess effectiveness of treatment protocols and	CHC Infection Control
is s	infection control measures and revise.	PH EOP Operations
	If CNMI is not yet affected:	a a a a
es)	1. Reassess availability of antivirals and priority target	CHC Chief Pharmacist PH EOP Operations
ınsı	groups.	PH EOP Logistics
Me	2. Review vaccine use strategies and supplies.	PFC
Ith		Imm Coordinator
Hea	3. Resolve liability and other legal issues linked to use of the pandemic vaccine for mass or targeted emergency	SOPH DPH Attorney
lic 1	vaccination campaigns.	DI II Attorney
qn	4. Assess inventories of vaccines and other material	CHC Chief Pharmacist
nt (1	resources needed to carry out vaccinations. Acquire	PH EOP Operations
mer	vaccines if available. Acquire anti-virals.	PH EOP Logistics PFC, DSPHA, DSHA
ain	5. Ensure there is a legal framework in place in support	SOPH
ont	of possible sanctions of public meetings or school	DPH Attorney
d C	closures or isolation.	CODI
ı an	6. Begin discussions with community leaders and stakeholders regarding contingency planning for	SOPH PH PIO
tion	mortuary and burial plans should human deaths	
Prevention and Containment (Public Health Measures)	occur in higher phases.	
Pre	If cases are occurring in CNMI:	DIL EOD IC
	7. Implement appropriate interventions as identified	PH EOP IC

	Phase 3: Human Cases, but No Human-to-H	uman Transmission
	Action	Responsible Agency
	during contingency planning. (Refer to Isolation & Quarantine Policy)	PH EOP Operations SOPH
	 If associated with animal outbreak(s): 8. Consider deploying supplies of antivirals for post-exposure (and possibly pre-exposure) prophylaxis of individuals who are most likely to be exposed to the animal virus. 	PH EOP Operations PH EOP Logistics
	9. Promote vaccination with seasonal influenza vaccine to limit risk of dual infection in those most likely to be exposed to the animal virus, and potentially decrease concurrent circulation of human strains in the outbreak.	PH EOP Operations PH EOP Logistics
	10. Develop & activate livestock disposal plan.	DLNR BEH
	If CNMI is not yet affected: 1. Review CHC EOP to ensure surge capacity can deal	PH EOP Operations
	with a sustained increase in infectious patients.	CHC Infection Control
	2. Prepare health care and emergency response systems	PH BT Dir
	to meet needs in pandemic outbreak by training all DPH staff with the Emergency Operations Plans.	CHC BT Dir
Health Care and Emergency Response	3. Provide all health-care providers with updated case definitions and case management protocols and operational plan for disease outbreaks.	PFC PH MD
y R	4. Assess infection control capacity.	CHC ICC
anc	5. Review infection control manuals.	CHC ICC
nerge	6. Ensure availability of protective equipment for healthcare workers and laboratory technicians.	CHC ICC Lab Director
e and Er	7. Provide advice to people traveling to or from affected countries.	SOPH PH MD
alth Car	If cases are occurring in CNMI: 8. Activate PH & Hospital EOP's with the first suspected human case.	SOPH
He	9. Review contingency plans at all levels, with special attention to surge capacity. (Refer to Isolation & Quarantine Policy)	PFC
	10. Ensure health care-workers trained in response	PH EOP IC
	procedures / identification of cases.	CHC EOP IC
	11. Ensure implementation of infection-control	CHC Infection Control
	procedures to prevent nosocomial transmission. If CNMI is not yet affected:	
	1. Identify target groups for delivery of key messages	PH PIO
SU	and develop appropriate materials.2. Ensure that communications systems are functioning	PFC PH PIO
ation	and that contact lists are up to date.	rnrio
mi	If cases are occurring in CNMI:	CODII
Communications	3. Provide regular updates to CDC, WHO and PPHSN.	SOPH PH EOP Intelligence
చ	4. Production of fact sheets/brochures.	PH PIO
	5. Address the issue of stigmatization of individuals/	SOPH
	families/communities affected by human infection with the animal strain.	PH PIO CGC

Phas	se 4: Small Cluster(s) with Limited Human-t	o-Human Transmission
	Action	Responsible Agency
	If CNMI is not yet affected:	1 5
	1. Notify Governor's Office, CNMI Legislature for the	SOPH
	potential need for more resources, and need for	
	business continuity planning in all essential areas.	
ā	2. Review operations plan for DPH in the face of surge capacity or staff absenteeism.	PH BT Dir
atio	3. Assess preparedness status using CDC Guidance and	PFC
din	the WHO checklist for influenza pandemic preparedness	
00r	planning; implement actions required for gaps.	
_ ప	If cases are occurring in CNMI:	
l mg	4. Request EOP activation. Activate Hospital and PH	SOPH
gu	EOPs. (Mechanism for simultaneous activation of both plans to be formalized)	
jū	5. Obtain political commitment for ongoing and potential	SOPH
Planning and Coordination	interventions/countermeasures.	
	6. Ensure information-sharing and coordination of	PH EOP Intelligence
	emergency responses through CDC, PPHSN and	
	WHO-WPRO.	CODY
	7. Identify needs for CDC assistance.	SOPH PH EOP IC
	If CNMI is not yet affected:	THEOLIC
	1. Implement surveillance and identify suspect cases.	PH EOP Intelligence
	F	PH EOP Operations
(e)	2. Identify laboratory for diagnostic confirmation.	Lab Director
me	3. Enhance surveillance to include active case finding.	PH EOP Intelligence
eille	4. Provide information at the point of entries to	PFC
ILA	incoming people about Pandemic Flu. If cases are occurring in CNMI:	PH PIO
S	5. Describe and (re)assess the epidemiological	PH EOP Intelligence
ent	virological and clinical features of infection; identify	PH EOP Operations
ssm	possible source(s).	_
and Assessment (Surveillance)	6. Report case information (de-identified) to CDC,	PH EOP Intelligence
A E	WHO, and PPHSN. 7. Assess sustainability of human-to-human	DIL EOD Intelligence
anc	transmission.	PH EOP Intelligence PH EOP Operations
ing	VA WIEDJIELDOZVIE	CDC PHA
tori	8. Forecast likely impact of the spread of infection.	PH EOP Intelligence
oni		PH EOP Operations
Situation Monitoring		CDC PHA
ion	9. Attempt to assess the impact of containment	PH EOP Operations
uat	measures to allow for adjustment of recommendations.	PH EOP Operations CDC PHA
Sit	10. Enhance surge capacity for surveillance.	PH EOP Intelligence
	If CNMI is not yet affected:	
Prevention and Containment (Public	1. Discourage or disallow travel to and from countries	Governor's Office
	with human infections with pandemic potential virus.	SOPH
d (Pu	2. Purchase anti-virals according to contingency plans.	CHC Chief Pharmacist
an int (PH EOP Logistics PH EOP Finance
Prevention and Containment (F	If cases are occurring in CNMI:	THEOF FINANCE
ent	3. Implement appropriate interventions identified during	PH EOP IC
rev	contingency planning, and consider any new guidance	PFC
РС	provided by CDC.	

Phas	se 4: Small Cluster(s) with Limited Human-t	o-Human Transmission
	Action	Responsible Agency
	4. Evaluate the effectiveness of these measures in	PH EOP Intelligence
	collaboration with CDC.	PH EOP Operations
		CDC PHA
	5. Use antiviral for early treatment of cases, and consider antiviral prophylaxis for close contacts of cases based	SOPH PH EOP Operations
	on risk assessment and severity of illness in humans.	CDC PHA
	6. Develop contingency plan for quarantine of staff	PFC
	involved in direct care of cases.	CHC Infection Control
		PH EOP Operations
	7. Assess likely effectiveness and feasibility of prophylaxis for the purpose of attempting to contain outbreaks.	PH EOP Intelligence PH EOP Operations
	for the purpose of attempting to contain outbreaks.	CDC PHA
	8. Distribute pandemic vaccine if available.	PH EOP Operations
		Imm Coordinator
	9. Discourage or ban public gatherings/ school closure if	SOPH
	indicated.	Governor's Office
	If CNMI is not yet affected: 1. Assess capacity to meet pandemic needs.	SOPH
	1. Assess capacity to meet pandenne needs.	PH BT Dir
ıse	If cases are occurring in CNMI:	
lod	2. Update and reinforce messages to health-care	PH MD
Res	providers to consider influenza infection in ill	
c y .	patients, and report findings to epidemiologist.	DIL EOD Intelligence
gen	3. Update case definition and case management protocols as required.	PH EOP Intelligence PH EOP Operations
ner	protocols as required.	CDC PHA
Health Care and Emergency Response	4. Activate CHC and PH EOPs (likely done already in Phase 3).	SOPH
re a	5. Re-emphasize infection-control measures and issue	CHC Infection Control
Cal	stockpiles of personal protective equipment.	CHC EOP IC
Ith	6. Set up mechanism for monitoring side-effects of	PH EOP IC Imm Coordinator
Hea	vaccines (if available).	PH MD
	7. Mortuary services informed and ready.	CHC EOP IC
	8. Consider contingencies for internment of deceased.	CHC EOP IC
	If CNM :- made of the state of	EMO
	If CNMI is not yet affected: 1. Prepare to update the media, local governments about	SOPH
	this potential threat to the public.	PH PIO
	F	
	2. Enhance clinician awareness of the potential for a	PH MD
ζ.	pandemic and the importance of diagnosis and select	PH Epidemiologist
ion	viral identification for persons with ILI. 3. Update CNMI Governor, L. Governor, Senate	SOPH
ica	President, House Speaker, and Mayors on the	50111
Communications	domestic and international situation.	
	4. Re-emphasize infection-control measures in the	CHC Infection Control
ပိ	community dispensaries and clinics and CHC.	PH MD
	If cases are occurring in CNMI: 5. Establishment of hotline services.	PH PIO
	5. Establishment of nothine services.	EMO
	6. Identify personnel to provide counseling services	PH EOP IC
	throughout the community.	CGC
	7. Reinforce and intensify key messages on prevention of	PH PIO

Phas	Phase 4: Small Cluster(s) with Limited Human-to-Human Transmission		
	Action	Responsible Agency	
	human-to-human spread and provide instruction in	EMO	
	self-protection to the public.	CDC PHA	
		SOPH	
	8. Explain rationale and update public on all aspects of	PH PIO	
	outbreak response and likely next steps.	EMO	
		CDC PHA	
		SOPH	

Phase 5: Large Cluster with Localized Human-to-Human Transmission		
	Action	Responsible Agency
	If CNMI is not yet affected:1. Update government officials of pandemic status and the potential need for more resources.	SOPH
	2. Initiate daily briefings (via email) with Epi-Net Team members and Directors (Public Health and Hospital).	PH BT Dir
g	3. Alert CHC and PH-EOP in "stand-by" mode. Roles identified as appropriate.	PH BT Dir PFC
natio	4. Assess legal barriers to surveillance, containment and treatment strategies.	SOPH DPH Attorney
Coordi	5. Review and approve plans for vaccinations and antiviral treatment.	PFC PH MD Imm Coordinator
Planning and Coordination	If cases are occurring in CNMI: 6. Request activation of Emergency Operations Plan. Both CHC and PH EOP's should be activated.	SOPH
Plar	7. Vaccinate in order of prioritized groups according to previously determined contingency plans. Update	SOPH PFC
	vaccination priorities by committee and established guidelines.	
	8. Request CDC assistance/expertise as required.	SOPH
	9. Finalize preparations for imminent pandemic,	PH EOP IC
	including addressing any remaining gaps. If CNMI is not yet affected:	CHC EOP IC
ent	1. Enhance surveillance measures to include follow-up of all ILI cases reported.	PH Epidemiologist
Monitoring and Assessment ince)	If cases are occurring in CNMI:2. Report increased spread to CDC, PPHSN and WHO.	PH EOP Intelligence
nd	3. Implement real-time monitoring of essential	PH EOP Operations
oring a	resources (medical supplies, medications, infrastructure, vaccines, hospital capacity, human resources, etc.).	PH EOP Intelligence PH EOP Logistics
omite e)	4. Conduct enhanced surveillance for ILI in community	PH EOP Intelligence
Mor ance)	(ex. surveys).	CDC PHA
tion	5. Adjust estimations of the likely impact of infection spread and control measures.	PH EOP Intelligence CDC PHA
Situation (Surveilla	6. Assess impact of containment measures to-date in	PH EOP Intelligence
<u> </u>	order to allow for readjustment.	CDC PHA
Prevention and Containment (Public Health Measures)	If CNMI is not yet affected:1. Implement travel advisories, travel restrictions where applicable.	SOPH
	2. Implement intensive control measures including	SOPH
	isolation, quarantine, antiviral therapy and prophylaxis, vaccination and control of potential	BEH DLNR
onta asu	reservoirs in animals.	DEAK
l Co Me	3. Ensure availability of testing kits.	Lab Director
anc	4. Revise and review influenza vaccination and antiviral	PH MD
ion Hea	strategies based on lessons learned from use in countries with cases.	PFC
ent.	5. Plan for vaccine distribution and accelerate	PFC
rev	preparations for mass vaccination (e.g. education,	Imm Coordinator
H (liability issues, medical records) when pandemic	CDC PHA

Phase 5: Large Cluster with Localized Human-to-Human Transmission		
	Action	Responsible Agency
	vaccine becomes available.	
	6. Review stockpile/access to antivirals and procure	PH MD
	supplies as necessary.	CHC Chief Pharmacist
	7. Activate emergency procedures for use of pandemic	PH MD
	vaccines, if vaccine has been developed and approved.	CHC Chief Pharmacist Imm Coordinator
	8. Implement pandemic vaccination program (initially	DSPHA
	targeting priority groups).	Imm Coordinator
	If cases are occurring in CNMI:	
	9. Implement all interventions identified during	PH EOP IC
	contingency planning, implement as an emergency	CHC EOP IC
	measure; assess impact of interventions when	CDC PHA
	possible.	DI EOD O
	10. Consider/reconsider use of antivirals for early treatment of cases (prioritization may need to be	PH EOP Operations
	changed).	
	11. Assess/reassess efficacy and feasibility of prophylaxis	PH EOP Intelligence
	to contain outbreaks.	PH EOP Operations
	If CNMI is not yet affected:	
	1. Review contingency plans relevant especially as	CHC EOP IC
	applicable to healthcare delivery and community	PH EOP IC
	support.	
	2. Disperse updated CDC-approved infection control	CHC Infection Control
	guidelines to healthcare personnel, ensure implementation.	
	3. Provide public and private health-care providers with	PH EOP Operations
	updated case definition, protocols and algorithms for	
	case-finding, management, infection control and	
a	surveillance.	
Suc	4. Assess capability/capacity for infection control for ill	PH EOP Operations CHC Infection Control
ds	patients, and implement infection control consistent with CDC/WHO guidelines.	CHC Injection Control
, R	5. Train health-care workers to detect/identify cases and	PH EOP IC
ncy	clusters.	CHC EOP IC
ergency Response	If cases are occurring in CNMI:	
	6. Full mobilization of health services and full	CHC EOP IC
d E	implementation of hospital and public health EOPs in	PH EOP IC
and	affected areas, including coordination with other government agencies in the CNMI Disaster Response	
are	Plan.	
Health Care and Em	7. Commence triage arrangements and other emergency	CHC EOP IC
altk	procedures for efficient use of health-care facilities.	
He	8. Fully implement emergency plans for deployment of	CHC EOP IC
	health-care workers.	PV 70 P 70
	9. Ensure attention to the health and other needs of	PH EOP IC
	individuals who have been assigned to quarantine or isolation.	
	10. Arrange for additional medical personnel and	CHC EOP Operations
	material resources, and alternative means of health-	PH EOP Operations
	care delivery and operations, based on forecasted	EMO
	needs and contingency plans.	
	11. Implement corpse-management procedures.	CHC EOP IC
	12. If adequate stockpiles exist, prepare health-care	PH EOP Operations
	workers for potential change in policy regarding	CHC EOP Operations

Phase 5: Large Cluster with Localized Human-to-Human Transmission		
	Action	Responsible Agency
	antivirals for occupational exposures (switch from prophylaxis to early treatment).	
Communications	 If CNMI is not yet affected: Update all healthcare providers and DPH staff, private clinics and CNMI Legislature of current situation. Explain importance of complying with recommended measures despite their possible limitations, and about interventions that may be modified or implemented 	SOPH PH PIO SOPH PH PIO
	during a pandemic. 3. Redefine key messages; set reasonable public expectations; emphasize need to comply with public health measures despite their possible limitations.	SOPH PH PIO

	Phase 6: Pandemic	
	Action	Responsible Agency
ion	If CNMI is not yet affected: 1. Declaration of an actual global Influenza "Pandemic."	CDC/WHO
	2. Activate national disaster response plan.	EMO SOPH
	3. Communicate and coordinate with CDC, PPHSN and WHO.	SOPH OHS PH MD
	4. Obtain funding to support response.	SOPH OHS EMO
	 If cases are occurring in CNMI: 5. Assess requirements for mainland and international expert assistance and relay request to CDC, SNS, WHO, PPHSN, DMAT as appropriate. 	SOPH PH EOP IC
Planning and Coordination	6. Implement all relevant elements of CNMI pandemic plan, including NIMS Structure and implement necessary response interventions.	SOPH PH EOP IC CHC EOP IC
and C	7. Assess and publicize the current and cumulative national impact.	SOPH PH PIO
ing	8. Consider applying the CNMI Emergency Powers Act.	SOPH
Planni	If subsided (end of pandemic or between waves):9. Debriefing and review of response to update the plan based on lessons learned.	PH EOP IC CHC EOP IC SOPH
	10. Determine need for additional resources and powers during subsequent pandemic waves.	PH EOP IC CHC EOP IC SOPH
	11. Declare end of emergency command-and-control operations, CNMI State of emergency, etc.	EMO SOPH
	12. Support rebuilding of essential services, including rotating staff.	SOPH
	13. Address psychological impacts.	CGC CNMI ARC
	14. Acknowledge the contributions of all stakeholders (including the general public) and essential staff towards fighting this disease.	SOPH
Situation Monitoring and Assessment (Surveillance)	If CNMI is not yet affected:1. Reviewed ILI definition used in surveillance.	PH Epidemiologist PH MD
	2. Continue enhanced surveillance measures.	PH Epidemiologist PH MD
	3. Monitor global situation, vaccine/antiviral availability and treatment guidelines.	PH MD CHC Chief Pharmacist Imm Coordinator
	 If cases are occurring in CNMI: 4. Use enhanced surveillance and case investigation to identify initial cases/contacts and track initial geographical spread. 	PH EOP Intelligence
	5. Continue to investigate cases, assess epidemiological factors (efficiency of transmission from person to person, containment of disease).	PH EOP Intelligence

	Phase 6: Pandemic	
	Action	Responsible Agency
	6. As disease, activity intensifies and becomes more	PH EOP Intelligence
	widespread, adjust surveillance as necessary and	PH EOP Operations
	adjust case definition to reflect increasing certainty of	
	clinical diagnoses.	
	7. Monitor and assess national impact (morbidity,	PH EOP IC
	mortality, workplace absenteeism, regions affected,	CHC EOP IC
	risk groups affected, health-care worker availability,	
	essential worker availability, health-care supplies, bed occupancy/availability, admission pressures, use	
	of alternative health facilities, mortuary capacity,	
	etc.).	
	8. Assess need for emergency measures, e.g. emergency	CHC EOP IC
	burial procedures, use of legal powers to maintain	PH EOP IC
	essential services.	
	9. Assess uptake and impact of: treatments and	PH EOP Intelligence
	countermeasures, including vaccine/antiviral efficacy	PH EOP Operations
	and safety and non-pharmaceutical interventions, etc. 10. Send clinical samples for testing as requested by	Lab Director
	CDC.	Lan Director
	If subsided (end of pandemic or between waves):	
	11. Evaluate resource needs for subsequent waves if they	PFC
	occur. 12. Identify the most effective surveillance and control	PH Epidemiologist
	measures for subsequent waves.	PH MD
	13. Report current status through appropriate National	PH Epidemiologist
	and international mechanisms.	PH MD
	14. Review lessons learned.	PFC
	15. Reinstate enhanced surveillance for early detection of	PH Epidemiologist
	subsequent wave.	PH MD
	16. Share experience gained with national and	PH Epidemiologist
	international community (lessons learned).	PH MD
	If CNMI is not yet affected:	Imm Coordinator
	1. Implement pandemic vaccine procurement plans; update vaccine recommendations; re-evaluate	Imm Coordinator CHC Chief Pharmacist
ures)	schedule; plan logistics of delivery.	CITC Ciliei i nai macist
asn	2. As soon as available, implement pandemic vaccine	Imm Coordinator
Иея	program; evaluate vaccine safety and efficacy;	CHC Chief Pharmacist
th I	monitor supply.	
eal	3. Update recommendations for use of antivirals based	PH MD
H	on: emerging data from affected countries; clinical	
blic	studies; evidence of resistance; and updated	
Pu	CDC/WHO guidelines. 4. Implement distribution plan; monitor supply; be	SOPH
nt (prepared to contribute to evaluation of safety and	SOLI
me	evaluation of effectiveness.	
ain	5. Reassess containment strategies - isolation,	PFC
Prevention and Containment (Public Health Meas	quarantine, travel restriction.	
	If cases are occurring in CNMI:	
	6. Implement all interventions identified during	PH EOP IC
	contingency planning, and consider new guidance	CHC EOP IC
	provided by CDC and/or WHO. 7. Evaluate effectiveness of such measures.	DH FOD Intelligence
	. Evaluate effectiveness of such measures.	PH EOP Intelligence CDC PHA
Pr	If subsided (end of pandemic or between waves):	

	Phase 6: Pandemic	
	Action	Responsible Agency
	8. Review effectiveness of prevention and containment	PFC
	measures. 9. Evaluate antiviral efficacy, safety and resistance data;	PH MD
	update guidelines, assess supply for subsequent	TH MD
	wave(s).	
	10. Assess local vaccine coverage to date, and carry out	Imm Coordinator PH MD
	vaccination of high-risk of identified population groups if possible with pandemic vaccine according to	PH MD
	risk assessment.	
	If CNMI is not yet affected:	CONV
	1. Consider activation of PH EOP and CHC EOP (stand-by mode).	SOPH PFC
	2. Keep case definition and management protocols, and	PH MD
	infection control guidelines updated in line with latest	PH Epidemiologist
	CDC/WHO guidance. 3. Maintain health-care worker vigilance for the onset	CHC Infection Control
	of cases and clusters.	CITC Infection Control
se	4. Maintain capability/capacity for infection control for	CHC Infection Control
hod	ill patients, and implement infection control	CHC BT Dir
Res	consistent with latest CDC/WHO guidelines; maintain staff competency in use of personal	
cy]	protective equipment (conduct drills).	
.gen	If cases are occurring in the CNMI:	CODII
mei	5. Implement all necessary contingency plans for health systems according to the CHC and PH EOP. Staffing	SOPH CHC EOP IC
d E	per EOP.	PH EOP IC
au	6. Implement vaccination campaign according to	PH EOP IC
Health Care and Emergency Response	priority status, in line with plans and availability.	Pharmacy Director Imm. Coordinator
lth (7. Ensure that overworked staffs have opportunities for	CHC EOP IC
[ea]	rest and recuperation.	PH EOP IC
	If subsided (end of pandemic or between waves):	SOPH
	8. Restock medications and supplies; service and renew	CHC Chief Pharmacist
	essential equipment.	DSHA
	9. Review/revise plans in anticipation of subsequent wave(s).	PFC
	10. Support rebuilding of essential services.	SOPH
	11. Adjust case definitions and case management	PH MD
	protocols as necessary. If CNMI is not yet affected:	PH Epidemiologist
	1. Keep news media, public and other stakeholders	SOPH
Communications	informed about progress of pandemic in affected	
	countries.	CONT
	2. Redefine key messages; set reasonable public expectations; emphasize need to comply with public	SOPH
	health measures despite their possible limitations.	
	If cases occurring in CNMI:	GO.
	3. Activate all elements of communications plan. Including daily meetings between official	SOPH
	spokesperson with media for updates gathered from	
	local sites, regional and global.	
	4. Maintain capacity for meeting expected local and	SOPH
	international information demands.	PH PIO

Phase 6: Pandemic	
Action	Responsible Agency
5. Acknowledge public anxiety, grief and distress associated with pandemic.	SOPH PH PIO CGC
 If subsided (end of pandemic or between waves): 6. Evaluate communications response during previous phases; review lessons learned. 7. Advise public of status end of pandemic wave according to CDC/WHO declaration and make people 	SOPH PH PIO SOPH PH PIO
aware of uncertainties associated with subsequent waves.	
8. Relevant information relayed to stakeholders e.g. CNMI Legislature and funding agencies (financial analysis).	SOPH
9. Formal debriefings held with all stakeholders.	SOPH

Review of the Plan

This plan will be reviewed annually by the EOP ICs and the Pandemic Influenza Committee (PFC). In the absence of a PFC, the plan will be reviewed by the CNMI Epi-Net Team. In addition, at the end of any escalation of events to Phase 5 or higher, a debriefing will be carried out through the Incident Command Structure and PFC to assess the effectiveness of operations during the event and to determine the extent of impact on the community. Using this information, the CNMI Public Health Pandemic Influenza Plan will be updated accordingly.

III. ACRONYMS

A. List of Acronyms Used in the CNMI Pan Flu EOP

ACIP Advisory Committee on Immunization Practices

AVIC Area Veterinarian in Charge BEH Bureau of Environmental Health

CDC US Centers for Disease Control and Prevention

CDC PHA US Centers for Disease Control and Prevention Public Health Advisor

CGC Community Guidance Center CHC Commonwealth Health Center

CHC BT Dir Commonwealth Health Center Bioterrorism Director

CHC EOP IC Commonwealth Health Center Emergency Operations Plan Incident Commander

CHC ICC Commonwealth Health Center Incident Command Center

CNMI Commonwealth of Northern Marianas Islands

CNMI ARC Commonwealth of Northern Marianas Islands American Red Cross

OHS Office of Homeland Security

DMORT Disaster Mortuary Operations Team

DLNR Department of Lands and Natural Resources

DPH Department of Public Health

DSHA Deputy Secretary Hospital Administration
DSPHA Deputy Secretary Public Health Administration

EMO Emergency Management Office
EMT Emergency Medical Technician
EOC Emergency Operations Center
EOP Emergency Operations Plan

EPINET Epidemiological Network for Pacific Regional Outbreak Alert and Response

FDA Food and Drug Administration

FEMA Federal Emergency Management Agency

HAN Health Alert Network

HPAI Highly Pathogenic Avian Influenza

IC Incident Commander
CHC IC CHC Infection Control
ICS Incident Command System

Imm Immunization

IPCC Infection Prevention and Control Committee

ILI Influenza-Like Illness

LRN Laboratory Response Network

NIMS National Incident Management System

NREVSS National Respiratory and Enteric Virus Surveillance System

PACNET Pacific Health Network (List Serve)

PAN FLU Pandemic Influenza

PEHI (CDC) Pacific Emergency Health Initiative

PFC Pandemic Influenza Committee

PICTs Pacific Island Countries and Territories

PIO Public Information Officer

PPHSN Pacific Public Health Surveillance Network

PH BT Dir Public Health Bioterrorism Director

PH EOP Public Health Emergency Operations Plan

PH EOP IC Public Health Emergency Operations Plan Incident Commander

PH MD Public Health Medical Director

PH PIO Public Health Public Information Officer
RDSS Reportable Disease Surveillance System

SNS Strategic National Stockpile SOPH Secretary of Public Health

SPC Secretariat of the Pacific Community

USDA United States Department of Agriculture
VAERS Vaccine Adverse Events Reporting System
WHO World Health Organization

WPRO (WHO) Western Pacific Regional Office

IV. APPENDICES

Appendix A. Members of the CNMI Pandemic Flu Committee

- Secretary of Public Health
- Deputy Secretary for Public Health Administration
- Deputy Secretary for Hospital Administration
- Medical Director, Division of Public Health
- DPH Epidemiologist
- CHC Hospital Medical Director or Chief of Staff
- CHC Chief of Nursing
- DPH Laboratory Director and LRN Coordinator
- DPH Immunization Program Coordinator
- DPH Public Information Officer
- CHC Infection Control Coordinator
- Public Health Bioterrorism Program Coordinator
- CHC Chief Pharmacist/SNS Coordinator
- DLNR Representative/CNMI Veterinarian
- Community Guidance Center Director
- DPH Human Resources Manager
- Attorney General's Office Representative
- Office of Homeland Security Representative
- Emergency Management Office Representative

Appendix B. CNMI Draft Isolation and Quarantine Policy

1) Isolation

- a) Definition
 - i) The compulsory separation of individuals who have already exposed and exhibiting signs of illness. These individuals are presumed to be highly infectious, and it is important to protect the Commonwealth by confining the individual and eliminating opportunities to expose another resident or family member.
- b) Purpose
 - i) The purpose of isolation is to reduce exposure of groups or family members to prevent further spread of the disease in the community.
- c) Initiation of an Isolation Order
 - i) Under non-emergent conditions, confinement orders shall be issued by court order

- ii) In the setting of a Governor-declared Public Health Emergency due to communicable disease outbreaks (i.e. SARS, Pandemic Flu, Smallpox) the Secretary of Health may issue a written Isolation Order to an individual without court order.
- d) Location of Isolation
 - i) Isolation at Home
 - (1) For almost all communicable illnesses, isolation of sick individuals will be done at home. This is particularly true for epidemics or pandemics, when CHC hospital will be filled beyond capacity.
 - (2) Isolated individuals cannot leave the home without direct permission from Public Health
 - (a) Isolated individuals are not allowed at public functions. No attendance at funerals, rosaries, fiestas, or family gatherings is allowed.
 - (b) Isolated individuals are not allowed to attend school or work.
 - (3) Protection of the Family
 - (a) Isolated individuals are not allowed to expose other family members
 - (b) Households should encourage unexposed and non-quarantined individuals to stay with other households. A single caretaker in the house is preferred.
 - (c) Strict hand-washing will be observed for households with an isolated individual present.
 - (d) Dirty clothes and linens, dirty dishes, and trash will be handled separately within the household.
 - (4) Isolated individuals should stay in a room with an open window and maximum ventilation to outside air
 - (a) Window fans are best, and they should be pointing outside
 - (b) No direct contact with family
 - (c) Food should be brought to room
 - (5) Individuals on home isolation may require a public health nurse or physician home visit for treatment
 - ii) Isolation at off-site improvised medical facility
 - (1) Location of Off-Site Facility
 - (a) In the setting of a significant epidemic or pandemic, the Department of Public Health may utilize a suitable off-site facility to provide for patient surge capacity.
 - (b) Selection of off-site facility depends upon the needs of the community, the number of people involved, the geographic location of disease outbreak, and the type of disease affecting the populous.
 - (c) Selection of off-site facilities in the setting of a Governor-declared Public Health Emergency shall be done by the Secretary of Health.
 - (d) Strong consideration will be given to local unoccupied hotels, local schools, or shelters.
 - (e) Division of Public Health shall keep a list of off-site facilities under consideration.
 - (f) Food/Water will be provided through EMO using the same contracting as for natural disasters and shelterees.
 - iii) Isolation at CHC
 - (1) Strict isolation will be followed for all patients confined to CHC.
 - (2) The format of Isolation will be determined by the attending physician (contact isolation, respiratory isolation, etc.)
 - (3) See CHC Infection Control policies and procedures for detailed instructions
- e) Medical Evaluation During Isolation
 - i) Division of Public Health shall arrange for nursing and physician supervision for individuals stationed at offsite facilities. Every individual will be evaluated every day.
 - ii) Division of Public Health will insure that medications are provided through CHC procurement.
- f) Duration of Isolation
 - i) Isolation will continue until the Secretary of Health has determined that the further individual is no longer necessary to protect the public health.
 - ii) The Secretary of Health will provide written orders to terminate the isolation period. Most isolation periods will continue until the patient has been determined to by non-infectious for a period of at least two days.

2) Quarantine

- a) Definition
 - i) The compulsory separation of individuals who have already exposed but are not yet exhibiting signs of illness. These individuals are, by definition, not infectious, but require health monitoring by the Department of Public Health on a daily basis.
- b) Purpose
 - i) The purpose of quarantine is to reduce exposure of groups or family members to prevent further spread of the disease in the community.
- c) Initiation of a Quarantine Order

- i) Under non-emergent conditions, confinement orders shall be issued by court order.
- ii) In the setting of a Governor-declared Public Health Emergency due to communicable disease outbreaks (i.e. SARS, Pandemic Flu, Smallpox) the Secretary of Health may issue a written Quarantine Order to an individual without court order. Multiple family members may be included on a single quarantine order.
- d) Location of Quarantine
 - i) Quarantine at Home
 - (1) Quarantined individuals are not ill infectious. For almost all communicable illnesses, quarantine of sick individuals will be done at home. This is particularly true for epidemics or pandemics, when CHC hospital will be filled beyond capacity.
 - (2) Quarantined individuals cannot leave the home without direct permission from Public Health
 - (a) Quarantined individuals are not allowed at public functions. No attendance at funerals, rosaries, fiestas, or family gatherings is allowed.
 - (b) Quarantined individuals are not allowed to attend school or work.
 - (3) Protection of the Family
 - (a) Quarantined individuals are not infectious. Isolated individuals are allowed to be present with other family members
 - (b) Strict hand-washing will be observed for households with an isolated individual present.
 - (c) Dirty clothes and linens, dirty dishes, and trash are not handled separately within the household.
- e) Medical Evaluation During Quarantine
 - i) The CNMI Department of Public Health shall arrange for nursing and physician evaluation for quarantined individuals. Every individual will be evaluated every day. Quarantined individuals may be brought to designated DPH Quarantine Evaluation stations for a rapid daily assessment, but are otherwise confined to home.
- f) Duration of Quarantine
 - i) Quarantine will continue until the Secretary of Health has determined that the further individual is no longer necessary to protect the public health. Most quarantine orders will extend until 2 days beyond the maximum incubation period has passed.
 - ii) The Secretary of Health will provide written orders to terminate the quarantine period. Multiple family members may be included on a single quarantine order.

Appendix C. Infection Control Recommendations

Healthcare Facilities:

- 1. Place suspect cases on droplet and standard precautions (see CDC Guidelines on Prevention of Nosocomial Pneumonia at http://www.rtgnv/nddod/hip/pneumonin/pneu mmwditnt
- 2. All persons entering isolation rooms should wear a sut mask and practice good hand hygiene (see CDC guidelines for hand hygiene in healthcare settings at http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5 II 6a1
- 3. Healthcare workers displaying influenza-like symptoms should be removed from direct patient care when possible.
- 4. Visitors with febrile respiratory illnesses should be restricted from visitation as much as possible.
- 5. Patients and staff should cover their mouths and noses with tissue when coughing or sneezing, dispose of used tissues immediately after use and wash hands after using tissues.
- 6. Restrict elective admissions in hospitals
- 7. Isolation should be initiated at symptom onset and continue for duration of illness (usually 4 to 5 days.)

At Home:

- 1. Persons should remain at home during their illness (usually until four to five days after symptoms appear).
- 2. Restrict visitors to the home should as much as possible.

- 3. Persons entering homes of suspect influenza cases should wear a surgical mask when within 3 feet of the patient, and should wash hands after patient contact and before leaving the home.
- 4. Patients should cover their mouths and noses with tissue when coughing or sneezing, dispose of used tissues immediately after use and wash hands after using tissues.
- 5. Family members should wash hands after contact with the patient.

Appendix D. Target Groups for Vaccination Prioritization

The scheme, in order of priority may include:

- The Governor
- The Lieutenant Governor as identified by statute to take charge of state functions in the event of the loss or incapacitation of the Governor.
- Persons essential to maintain basic community infrastructure contingent on the epidemiology of the pandemic and the quantity of influenza vaccine available, include:

Category A Group and their household members

- Licensed healthcare workers including physicians, physician assistants, nurses, mental health professionals
- CNMI public health officials
- First responders (Fire, Police, EMT's)
- Medical laboratory workers
- Emergency management personnel
- National Guard members that have been called into service by the governor
- Long term care facility staff
- Utility field workers (gas, electric, water, sewer, etc.),
- Communications personnel
- Fuel suppliers
- Food suppliers
- Waste management workers (general and medical)
- Public transportation drivers
- Air travel personnel (pilots, air traffic controllers, etc.)
- Corrections workers
- Morticians/Coroners/Medical Examiners
- Pharmacists
- Red Cross field workers
- U.S. Postal Service workers
- Contracted persons involved in the transportation of vaccine

Category B Group

- Day care providers
- Teachers
- Clergy
- Other non-licensed mental health professionals

V. REFERENCES

A. List of References Used in Development of the CNMI Pan Flu EOP

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VI. INTERNET RESOURCES

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